



ICE SKATING IN SWEDEN

WELL SUITED FOR BOTH CASUAL SKATERS AND TRUE FANATICS



YEARLY TRIP ORGANISED BY BEAT EXPEDITIONS & TRAVEL.SE
FOR TWO WEEKENDS AROUND JANUARY & FEBRUARY

**6-18 PARTICIPANTS
PER WEEKEND**

**LONG ACTIVE WEEKEND
IN NATURE**

**TRUE WINTER
WONDERLAND**



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WHAT TO EXPECT

Welcome to the Swedish Runn lake! Together with our friends at BEAT Expeditions and local guide Christian, we're offering the ultimate long weekend in Falun. A place where winter is still truly winter.

Here, you can enjoy long-distance ice skating on well-maintained and undiscovered tracks surrounded by peaceful forests. Multiple local guides will challenge the experienced or teach the unexperienced skaters. This trip is the perfect weekend getaway to do on your own, with your friends, partner or family.



HIGHLIGHTS



JOIN A LONG WEEKEND AWAY ON THE RUNN LAKE

The weekend offers a rare opportunity to truly experience the beauty and serenity of the Swedish winter in just a couple of days. This trip is accessible and our guided tours make it easy even for beginners, with equipment and support provided.



TOGETHER WITH A COMMUNITY OF PASSIONATE ADVENTURES

This trip brings together like-minded individuals aiming to enjoy ice skating on both prepared and unprepared tracks as a team. We will provide a supportive, welcoming environment where both beginners and experienced ice skaters standards will be met. Multiple private guides will take our group into the Swedish wonderland.



WHILE IMMERSING YOURSELF IN THE SWEDISH WILDERNISS

This winter weekend around Falun is all about the complete Swedish experience: fika, sauna and for those who want to, cross-country skiing and snow shoe hiking. Everything revolves around nature, tranquillity and adventure. We organise two to three long weekends in February, just when winter is at its most beautiful.



THE ITINERARY

We can control and organise many things, but we cannot control the weather. It is therefore good to know that the schedule below may be adjusted if necessary, depending on weather conditions. We follow the advice and tips of our local guides and always ensure a suitable solution.

DAY 1 GET SETTLED IN DALARNA

After arriving at Stockholm Arlanda airport, a rental car will be waiting for you at Sixt Arlanda. You will drive to the city of Falun, where we will welcome you in your pittoresque red Swedish cottage.

After the check-in, we meet each other for the first coffee & fika. That's when our guide Christian introduces himself, his team and the area. Afterwards we pick up the needed rental gear and head to the restaurant to kick-off the first evening!

DAY 2 THE FIRST DAY ON THE ICE!

Our first day on the ice! Christian has been introduced and the gear is collected, so there is nothing left but to head to the ice. Based on weather conditions, you're informed in the morning where we will skate that day.

Ice skating is demanding, and so is cold weather. So while you skate, we light the fire and prepare a wilderness lunch over the open fire. Ready for you to warm up whenever it's needed!

After our first day on the ice, you are invited to enjoy a sauna on the lake and take a fresh dive into a hole in the ice.

DAY 3 ICE SKATING & CROSS-COUNTRY SKIING

After waking up early, you get ready for day two. We will start just in front of our cottage and our guides will take us to the unbeaten tracks.

Depending on the weather, we will enjoy a typical Swedish wilderness lunch (warm) on an island, after which you can choose to join an introduction to the famous Swedish cross-country skiing, a unique snowshoe hike, or keep on ice skating.

DAY 4 ICE SKATING & FIKA IN STOCKHOLM

Our last day of the weekend. After checking out, we will enjoy one more morning of ice skating with our team and guides. Or perhaps you fell in love with cross-country skiing or snow shoe walking and want to go for that?

During this morning, you can enjoy the beautiful surroundings of the lake one more time, after which we take our bags and go to Stockholm to catch the flights. Depending on the schedule, we can introduce you the Swedish Fika in Stockholm.

"The skating itself was actually indescribable. If you love skating on natural ice, then skating on open lakes is the most beautiful thing you can do. The guides had the most beautiful tours and spots to show us. Besides being very pleasant company, I had complete trust in them"

- Esmee, participant February 2025

"Ice skating is my passion! I try to skate as much as possible during the season and would be glad to share my knowledge"

- Christian, local guide



EXPERIENCE AND DETAILS

TRAVEL.SE CONSISTS OF PEOPLE WHO TRADED THE NETHERLANDS FOR SWEDEN AND NEVER LOOKED BACK. OVER THE YEARS WE'VE EXPLORED EVERY CORNER OF THIS COUNTRY, FROM ITS LIVELY CITIES TO ITS MOST REMOTE LAKES. NOW WE SHARE THAT KNOWLEDGE TO HELP OTHERS DISCOVER THE SWEDEN WE'VE COME TO LOVE.

FOR THIS SKATING TRIP, WE'VE COMBINED OUR LOCAL KNOW-HOW WITH THE EXPERIENCED TEAM OF BEAT EXPEDITIONS, TO MAKE SURE EVERY DETAIL IS TAKEN CARE OF. SO ALL THAT'S LEFT TO DO FOR YOU IS ENJOY THE ICE, CRISP AIR AND QUIET BEAUTY OF WINTER IN SWEDEN.

THINK OF US AS YOUR ON-THE-GROUND TEAM: WE LIVE HERE, WE SPEAK THE LANGUAGE, AND WE KNOW EXACTLY WHERE TO GO TO MAKE YOUR TRIP UNFORGETTABLE. GUIDES FROM TRAVEL.SE AND/OR BEAT EXPEDITIONS WILL ALSO BE PRESENT AS GUIDANCE DURING THE TRIP.

WHAT'S INCLUDED

INCLUDING

- LOCAL GUIDE(S)
- ACTIVITIES (ICE SKATING, SAUNA, CROSS-COUNTRY SKIING, SNOW SHOE HIKING)
- 3 NIGHTS IN A COMFORTABLE COTTAGE IN FALUN
- WELCOME FIKA
- 2 X LUNCH, 3X BREAKFAST
- ALL NECESSARY MATERIALS (RENTAL)
- BEAT & TRAVEL.SE GUIDANCE
- CAR RENTAL
- MERCHANDISE

EXCLUDING:

- TRANSPORT TO SWEDEN
- GASOLINE
- DINNERS



QUESTIONS OR INTEREST?

Get in touch through info@travel.se